

# JULY IS PARK & RECREATION MONTH

# Celebrate with Us All month long!



**Tues 1st** **FREE ADMISSION TO STUDIO FIT AT THE CULTURAL CENTER**

**Wed 2nd** **FREE ADMISSION TO STUDIO FIT AT THE CULTURAL CENTER**

**Thur 3rd** **FREE ADMISSION TO STUDIO FIT AT THE CULTURAL CENTER**

**Fri 11th** **FREE FRIDAYS AT BODENHAMER**  
ENJOY FREE ADMISSION TO THE BODENHAMER CENTER

**Sun 13th** **FREE FAMILY SWIM DAY 1-6PM**  
BODENHAMER CENTER - POOL ONLY

**Mon 14th** **YOUTH TENNIS SUMMER CAMP**  
MON 7/14 - THU 7/17 8-11AM TENNIS CENTER  
REGISTER ONLINE @ [GULFSHORESAL.GOV/TENNIS](http://GULFSHORESAL.GOV/TENNIS)

**Tues 15th** **3-on-3 ADULT BASKETBALL 12-2PM**  
BODENHAMER CENTER - REGISTER AT FRONT DESK BY 7/14  
RECREATION MEMBERSHIP OR DAILY PASS REQUIRED

**Fri 18th** **FREE FRIDAYS AT BODENHAMER**  
ENJOY FREE ADMISSION TO THE BODENHAMER CENTER  
**TROPICAL THEME DAY!!**

**Sat 19th**

**OUTDOOR BOOT CAMP 7:30AM**

**SHINE FITNESS CLASS 9:15AM**

**FREE** - BODENHAMER CENTER

**INTRO TO PICKLEBALL 9-11AM**

**FREE** - CULTURAL CENTER GYM - PADDLES PROVIDED  
REGISTER ONLINE @ [GULFSHORESAL.GOV/TENNIS](http://GULFSHORESAL.GOV/TENNIS)

**Tues 22nd**

**TRY TENNIS TUESDAY 6-7PM**

**FREE** - TENNIS CENTER - EQUIPMENT PROVIDED  
REGISTER ONLINE @ [GULFSHORESAL.GOV/TENNIS](http://GULFSHORESAL.GOV/TENNIS)

**Fri 25th**

**FREE FRIDAYS AT BODENHAMER**

ENJOY FREE ADMISSION TO THE BODENHAMER CENTER

**Sat 26th**

**OUTDOOR BOOT CAMP 7:30AM**

**SHINE FITNESS CLASS 9:15AM**

**FREE** - BODENHAMER CENTER

**Sun 27th**

**FREE FAMILY SWIM DAY 1-6PM**

BODENHAMER CENTER - POOL ONLY

**Tues 29th**

**TRY TENNIS TUESDAY 6-7PM**

**FREE** - TENNIS CENTER - EQUIPMENT PROVIDED  
REGISTER ONLINE @ [GULFSHORESAL.GOV/TENNIS](http://GULFSHORESAL.GOV/TENNIS)

**Thur 31st**

**GAMES WITH THE GUARDS 12-1PM**

FUN GAMES VS LIFEGUARDS - BODENHAMER CENTER POOL  
RECREATION MEMBERSHIP OR DAILY PASS REQUIRED

## PIC IN A PARK CONTEST

**Monthly Contests**

- 1) Take a photo of yourself while enjoying any of our parks
- 2) Post to Facebook and tag us @GULFSHORESREC
- 3) Earn a chance to win an Academy Gift Card or other great prizes!

## MEMBER OF THE MONTH

Show your commitment to wellness! Be the member who records the most visits at the Bodenhamer Center and/or Cultural Center in the month of July and receive a **free 3 month extension** to your current membership! (Contest for current members only)



**INFO 251.968.4420**

[gulfshoresal.gov/recreation](http://gulfshoresal.gov/recreation)

