



Gulf Shores Senior Center

Providing Social, recreation and educational opportunities for adults age 50 +



Harry Roberts Community House
300 E. 16th Ave. Gulf Shores, AL

Upcoming Events – Trips

**Call to sign up for all trips,
events and activities
968-1434**

April 13 Mystery Trip

Get ready for fun!

April 29 Tea in the Garden

2 pm @ GS Museum

April 30 Quilted Placemats

9:30 am HR Com. House

Highlights & Spotlight Club Meetings

Gulf Shores Garden Club
9:30 am 1st Wed (Sept-May)

Gulf Shores Lions Club
12:00 pm 2nd & 4th Wednesday

Island Quilters Guild
9:00 am 3rd Wednesday

Dear Friends,

Spring is finally here, so let's get out and enjoy the beautiful weather. We offer games, fun and exciting trips, fitness and health, come check us out. And as always, I look forward to seeing you soon.

Sylvia

Senior Center Coordinator

Phone 968-1434 or e-mail slamberth@gulfshoresal.gov

Happening this month

Festival of Flowers - Mar 25th - The largest Flower Show in the southeast takes place at Providence Hospital in Mobile with over 300,000 Sq Ft of exhibits. Departure 9:00 am from Harry Roberts Community House. Please call 968-1434 for ticket information and to sign up.

SBRMC Winter Health Series - Mar 16th - Please join us for 'Arthritis and Pain Management' with Rony R. Lee, MD at Harry Roberts Community House. Call 968-1434 to register.

Wii fit & fun - at 8:30 am - Try your skills at various games and exercises while having fun. Call 968-1434 to sign up.

Ongoing Activities

Monday (1 st)	Bingo	10:00 am
(2 nd)	BP Ck	9:30 am
All	Wii fit & fun	8:30 am
	Duplicate Bridge	12:30 pm
Tuesday	Dominoes & Pinochle	9:30 am
	Euchre	1:00 pm
Wednesday	Club Meetings	See Calendar
	Open Art Workshop	2:00 pm
Thursday	Sewflakes Quilters	9:00 am
	Duplicate Bridge	12:30 pm
Friday	Sheepshead Cards	9:30 am

March 2010