



FEBRUARY 2016

Active Adults-55+

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Pickleball 9am-12pm	2 Line Dancing 9:30am Gulf Coast Exploreum	3 Beginner Pickleball 8:30am BINGO 10am Open Arts Workshop 1pm	4 Pickleball 9am-12pm Tai Chi 12pm-1pm Line Dancing 1pm	5 Line Dancing 9:30am	6
7	8 Pickleball 9am-12pm	9 Mardi Gras (Closed) Parade 10am South Baldwin Theater @ 7:30pm	10 Beginner Pickleball 8:30am BINGO 10am Open Arts Workshop 1pm	11 No Pickleball Tai Chi 12pm-1pm Institute for Marine Mammal Studies 9:30am Depart @ 7am Valentine's Dance 6pm	12 Line Dancing 9:30am Mobile Museum of Arts Depart @ 8:30am	13
14	15 Pickleball 9am-12pm Senior Sports Challenge TBA	16 Line Dancing 9:30am Senior Sports Challenge TBA	17 Beginner PB 8:30am Speaker 10am Social Pot Luck 12pm Open Arts Workshop 1pm Senior Sports Challenge TBA	18 Pickleball 9am-12pm Tai Chi 12pm-1pm Senior Sports Challenge TBA	19 Line Dancing 9:30am Senior Sports Challenge TBA	20
21 Mobile Symphony 2:30 Depart @ 1pm	22 Pickleball Tournament 9am	23 Pickleball Tournament 9am Line Dancing 9:30am	24 Pickleball Tournament 9am BINGO 10am Open Arts Workshop 1pm	25 Pickleball Tournament 9am Tai Chi 12pm-1pm	26 Pickleball Tournament 9am Line Dancing 9:30am	27
28	29 No Pickleball					

CULTURAL CENTER

19470 Oak Road West
Gulf Shores, AL 36542

For more information call

251-968-9818



Gulf Shores Active Adults

(251) 968-9818

aross@gulfshoresal.gov

February 1st, 4th, 8th, 15th & 18th—Pickleball—Join us on Monday and Thursday from 9am-12pm here at the Cultural Center Gym for Pickleball. This is a racquet sport that combines elements of badminton, tennis, and table tennis. There is a \$2 charge each day.

February 2nd—Gulf Coast Exploreum, Dinner & Parade— Join us for an Imax movie The Mysteries of the Unseen World at 4pm. Dinner at 5pm and the Parade at 6:30pm. We will depart from the Cultural center at 2:30pm. Cost is \$30/person. To have your spot reserved you must come to the Cultural Center to pay in advance.

February 3rd, 10th & 17th—Beginners Pickleball— Join us on Wednesdays at 8:30am in the Cultural Center Gym to learn how to play the famous sport of Pickleball. Cost is \$2/ Person.

February 3rd, 10th, 17th & 24th—Open Arts Workshop—Join us on Wednesdays from 1pm-4pm at the Cultural Center for our Open Arts Workshop. Bring your own projects to spend an afternoon creating and sharing your creations. No instructor. Cost is \$2/Person.

February 9th—Mardi Gras Parade— Even though the Cultural Center will be closed this day The City of Gulf Shores will be hosting a Mardi Gras Parade starting at 10am.

February 9th—South Baldwin Theater— “Take a Number Darling” written by Jack Sharkey is a crazy and comical confusion all the way. This will be put on by the South Baldwin Community Theater at 7:30pm. To reserve your seat you must come to the Cultural Center to pick up your free ticket.

February 2nd, 4th, 5th, 12th, 16th, 19th, 23rd & 26th—Line Dancing— Join us for Line Dancing at the Cultural Center. Beginner classes will be from 9:30am-10:15am. Beginners Plus classes will be held from 10:30am-11:30am. Complimentary water. Please look at your calendar for varies dates and times. Cost is \$2/ person.

February 3rd, 10th & 24th—BINGO— Come have fun and win prizes during BINGO every Wednesday at 10am at the Cultural Center Auditorium. Complimentary coffee, water and snacks. No fee.

February 4th, 11th, 18th & 25th—Tai Chi— Join us every Thursday for Tai Chi with Rio Barlow. Tai Chi is a type of martial art very well known for its defense techniques and health benefits. Cost is \$5 per class. Classes are held in the auditorium at the Cultural Center.

February 11th—Institute for Marine Mammal Studies— Come and explore the interactive museum, and encounter sea creatures such as stingrays, sharks, horseshoe crabs, fish, blue crabs, sea stars, and sea urchins in the new Discovery Room touch pools. We will leave the Cultural Center at 7am. Cost is \$15/person. To have your spot reserved you must come to the Cultural Center to pay in advance.

February 12th—Mobile Museum of Art— Join us with beautiful art work at the Mobile Art Museum. We will visit several exhibits. Departing the Cultural Center at 8:30am. Cost is \$15/person. You must come and pay at the Cultural Center to reserve your spot.

February 17th—Guest Speaker— Social Pot Luck— Join us at the Cultural Center to experience Dan Morrison’s point of view on Medicare Fraud throughout the Gulf Coast and much more! His mission is to Educate, Enlighten and Empower. Complimentary coffee, water and snacks. Afterwards join us for our monthly Social Pot Luck! We will supply the meat and drinks. To sign-up call (251)968-9818. No fee.

February 21st—Mobile Symphony— Returning guest conductor David Amado will take you once upon a time where we encounter Ravel’s Mother Goose Suite, an enchanting musical depiction of popular fairy tales; Bach’s fifth Brandenburg concerto, featuring an impressive solo harpsichord, performed by Hedi Salanki-Rubardt; and the sunny and joyous Symphony No. 2 of Johannes Brahms. Must have purchased tickets. You can purchase a ticket at MobileSymphony.org. To reserve a your spot please call (251)968-9818. The show will start at 2:30pm. Departing from the Cultural Center at 1pm. Cost is \$5 upon arrival.

NOTE: For all trips our max is 14 and a minimum of 10, cash only.