



JANUARY 2016

Active Adults-55+

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 New Year's Day (Closed)	2
3	4 Pickle Ball 9am-12pm	5 Line Dancing 9:30am	6 BINGO 10am	7 Pickle Ball 9am-12pm Tai Chi 12pm-1pm	8 Line Dancing 9:30am	9
10	11 Pickle Ball 9am-12pm	12 Line Dancing 9:30am	13 BINGO 10am South Baldwin Theater Rehearsal @ 7:30pm	14 Pickle Ball 9am-12pm Tai Chi 12pm-1pm	15 Line Dancing 9:30am Mobile Museum of Art	16
17 Mobile Symphony 2:30 Depart @ 1pm	18 Martin Luther King Jr. Day (Closed)	19 Line Dancing 9:30am	20 Guest Speaker for Technology Support 10am Social Pot Luck 12pm-2pm	21 Pickle Ball 9am-12pm Tai Chi 12pm-1pm Institute for Marine Mammal Studies Depart @ 7am	22 Line Dancing 9:30am	23
24	25 Pickle Ball 9am-12pm	26 Line Dancing 9:30am	27 BINGO 10am	28 Pickle Ball 9am-12pm Tai Chi 12pm-1pm	29 Line Dancing 9:30am Gulf Coast Exploreum, Dinner & Parade	30

CULTURAL CENTER

19470 Oak Road West
Gulf Shores, AL 36542

For more information call

251-968-9818



Gulf Shores Active Adults

(251) 968-9818

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January 1st—New Year's Day— Closed. Happy New Year!

January 4th, 7th, 11th, 14th, 21st, 25th & 28th—Pickle Ball— Join us every Monday and Thursday from 9am-12pm here in the Cultural Center Gym for Pickle Ball. This is a racquet sport that combines elements of badminton, tennis, and table tennis. There is a \$2 charge each day.

January 5th, 8th, 12th, 15th, 19th, 22nd & 26th—Line Dancing— Join us every Tuesday and Friday for Line Dancing in the Cultural Center Gym. Beginner classes will be from 9:30am-10:15am. Beginners Plus classes will be held from 10:30am-11:30am. Complimentary coffee & water. Cost is \$2/ person.

January 6th, 13th & 27th—BINGO— Come have fun and win prizes during BINGO every Wednesday at 10am at the Cultural Center. Complimentary coffee, water and snacks. No fee.

January 7th, 14th, 21st & 28th—Tai Chi— Join us every Friday for Tai Chi with Rio Barlow. Tai Chi is a type of martial art very well known for its defense techniques and health benefits. Cost is \$5 per class. Classes are held in the auditorium at the Cultural Center.

January 13th—South Baldwin Theater— Can a two bedroom apartment contain all of the love, laughs, worry and wisdom that's about to happen? "Things My Mother Taught Me" written by Katherine DiSavino will be put on by the South Baldwin Community Theater at 7:30pm. To reserve your seat you must come to the Cultural Center to pick up your free ticket.

January 15th—Mobile Museum of Art— Join us with beautiful art work at the Mobile Art Museum. We will visit several exhibits. Departing the Cultural Center at 8:30am. Cost is \$15/person. You must come and pay at the Cul-

tural Center to reserve your spot.

January 17th—Mobile Symphony— The Mobile Symphony presents greatest hits from Leonard Bernstein, Aaron Copland and Samuel Barber. Featuring composers Christopher Rouse and Austin Wintory. Must have purchased tickets. You can purchase a ticket at MobileSymphony.org. To reserve a your spot please call (251)968-9818. The show will start at 2:30pm. Departing from the Cultural Center at 1pm. Cost is \$5 upon arrival.

January 18th—Martin Luther King Jr. Day— Closed.

January 20th—Guest Speaker— Social Pot Luck— Is your cellphone, Ipad, or computer giving you the blues? If so, join this class and solve problems you have and navigate today's online technology. Also learn how to stay in touch with family and friends, learn the basics of computer, and more. About Instructor: Josie Wachi is a health & Style blogger. She will make your learning experience comfortable and enjoyable. Complimentary coffee, water and snacks. Afterwards join us for our monthly Social Pot Luck! We will supply the meats and drinks. To sign-up call (251)968-9818. No fee.

January 21st—Institute for Marine Mammal Studies— Come and explore the interactive museum, and encounter sea creatures such as sting-rays, sharks, horseshoe crabs, fish, blue crabs, sea stars, and sea urchins in the new Discovery Room touch pools. Our reservations are at 9:30am. We will leave the Cultural Center at 7am. Cost is \$15/person. To have your spot reserved you must come to the Cultural Center to pay in advance.

January 29th—Gulf Coast Exploreum, Dinner & Parade— Join us for an Imax movie The Mysteries of the Unseen World at 4pm. Dinner at 5pm and the Order of Inca Parade at 6:30pm. We will depart from the Cultural center at 2:30pm. Cost is \$30/person. To have your spot reserved you must come to the Cultural Center to pay in advance.

NOTE: For all trips our max is 14 and a minimum of 10, cash only.